



## MISSISSIPPI DEPARTMENT OF MARINE RESOURCES

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# News Release

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**FOR IMMEDIATE RELEASE**

### *Grand Bay Reserve offers a Heritage Trail bicycling adventure*

BILOXI, Miss. – Start the new year off right and join the staff of the Mississippi Department of Marine Resources' Grand Bay National Estuarine Research Reserve and experts from the Heritage Trails Partnership of the Mississippi Gulf Coast for a basic bicycle repair workshop and outing on Saturday, Jan. 18, 2014, from 9:30 a.m.-noon, where you will learn the ABC's (Air, Brakes and Chains) of inspecting and repairing your bicycle, and then head out from the Grand Bay Coastal Resources Center in Jackson County for a casual, 4-mile (roundtrip) bike ride to the Bayou Heron Boat Launch.

Cycling enthusiasts of all ages and abilities are welcome to participate in the workshop and ride down Bayou Heron Road; a flat, paved roadway, with only a 7-foot change in elevation. The Grand Bay Coastal Resources Center is located at 6005 Bayou Heron Road near Moss Point, Miss.

A fee of \$5 per person or \$15 per family payable to the Heritage Trails Partnership is being charged to cover the cost of bicycle inspections and repairs for this event. The fee is payable in advance through the Partnership's PayPal account, or at the door on event day. Bring your own bicycle or rent one in advance from the Partnership for an additional fee (also payable through PayPal.)

Be sure to bring a sack lunch or snack and a bottle of water. Remember, no matter if the weather is cold or hot, you need water and healthy snacks to give you enough power to pedal. Don't forget your helmet!

Please pre-register for this event by calling 228-475-7047, emailing Jennifer Buchanan at [jen.buchanan@dmr.ms.gov](mailto:jen.buchanan@dmr.ms.gov) or by registering on the event section of the Grand Bay Reserve's Facebook page <https://www.facebook.com/GrandBayNERR> or the Partnership's website at [www.gulfcoasttrails.org](http://www.gulfcoasttrails.org). For directions, visit [www.grandbaynerr.org](http://www.grandbaynerr.org).

The Grand Bay NERR is located in southeast Jackson County and includes wetlands and waterways from Bang's Lake to the Alabama state line. A major goal of the Reserve is to provide for research coordination and dissemination of scientific data to the community and local decision-makers to provide sound information on which to base management decisions.

The Mississippi Department of Marine Resources is dedicated to enhancing, protecting and conserving marine interests of the state by managing all marine life, public trust wetlands, adjacent uplands and waterfront areas to provide for the optimal commercial, recreational, educational and economic uses of these resources consistent with environmental concerns and social changes. Visit the DMR online at [www.dmr.ms.gov](http://www.dmr.ms.gov).

**PHOTO CREDIT:** Photo Courtesy of Mississippi Department of Marine Resources

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**PHOTO CAPTION:** A cyclist enjoys a ride on Bayou Heron Road in southeast Jackson County.

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